



Chief Instructor Tom Tennick over 35 years teaching experience 5 L Goodwin 5th Dan Nelson Ashley 4th Dan  
Members of FEKO Karate FEKO International And FMA

**Bromley-Beckenham-Lewisham/Lee  
Downham-Orpington-Mottingham  
Bellingham-Kidbrooke**

Welcome to TKI (Tigra Karate International) Shotokan Karate Please feel free to look around  
Karate for Kids Teenagers and Adults

NSPCC **First Lesson Free** DBS CHECKED  
We hope you find all the answers you seek and look forward seeing you soon  
Please note times may change in school holidays  
Look in holidays and Days closed menu for changes in school holidays



Call us 07956372474

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Quick up dates

Competition events dates 2019

Summer holiday times 2019

## Home page 2019

Written by Administrator

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